



# WEEKLY GRATITUDE Sheet



"It is not how much we have, but how much we enjoy, that makes happiness."

CHARLES SPURGEON

## MONDAY

I am grateful for:

## TUESDAY

I am grateful for:

## WEDNESDAY

I am grateful for:

## THURSDAY

I am grateful for:

## FRIDAY

I am grateful for:

## SATURDAY

I am grateful for:

## SUNDAY

I am grateful for:

3 THINGS I DID WELL THIS WEEK

PEOPLE WHO HAVE HELPED ME THIS WEEK

FRIENDS AND FAMILY I'M GRATEFUL FOR THIS WEEK

